

KEY FINDING

67.5%

of participants
with Parkinson's disease
had constipation.

305 of 452 participants met Rome IV criteria

Straining carried the greatest symptom burden.

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Constipation in Parkinson's disease

Prevalence and patient-reported symptom severity

STUDY AT A GLANCE

452

participants

70

median age (years)

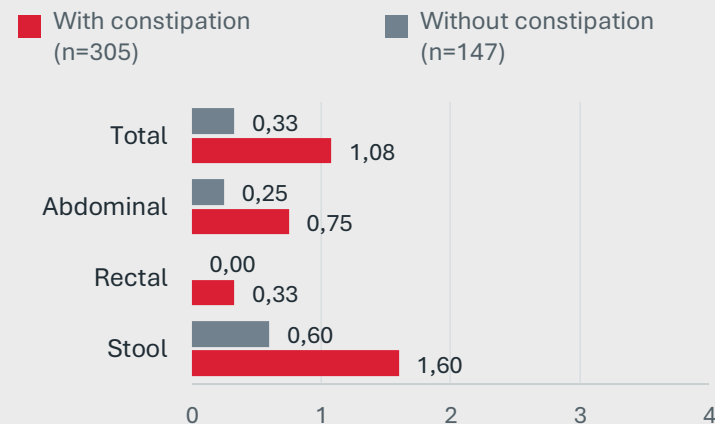
Dutch cross-sectional online survey.

Adults with self-reported PD; complete surveys only.

Rome IV classification + 12-item PAC-SYM.

SYMPTOM SEVERITY

Stool symptoms had the highest scores

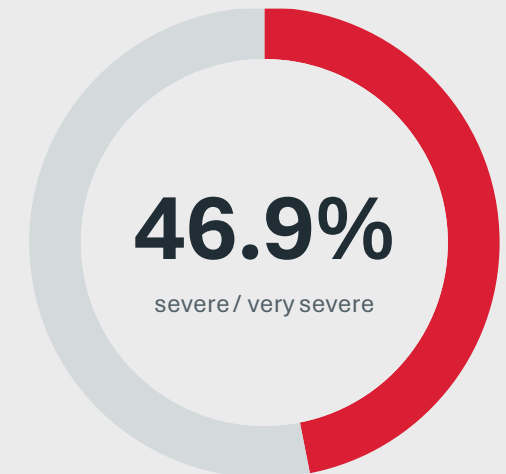


PAC-SYM score (0–4); higher = more severe

All comparisons: $p < 0.001$

STRAINING

The greatest symptom burden



of participants with constipation
reported severe or very severe straining.

CLINICAL IMPLICATION

Stool-related symptoms may reflect
outlet-type dysfunction. [2]

**Biofeedback assisted pelvic floor muscle exercises
warrant further research in PD.**