Sling-related chronic pain and the role of microbial 💸 colonization: A case series 💸 ICS-EUS 2025 ABU DHABI

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1.Background

- Sling surgery = cornerstone intervention for patients who fail to respond to conservative treatments for stress urinary incontinence (SUI)
- Sling excision owing to chronic pain = 1%
- Proposed etiologies: sling exposure, mesh contraction or retraction, hematoma, nerve irritation, myositis, idiosyncratic responses
- → Gap: the potential role of sling colonization in chronic pain development after surgery for SUI remains largely unexplored...

Study aims

To provide some of the first evidence supporting the role of low-grade sling infection as a contributor to chronic pain after surgery for SUI



2. Methods

Design and Population

Retrospective case series of patients who...

- Underwent a sling procedure for SUI;
- Experienced persistent (≥3 months), unexplained sling-related pain.

 \rightarrow n = 4 (3 $\stackrel{?}{\rightarrow}$, 1 $\stackrel{?}{\rightarrow}$)

Data Collection



Pain assessment: cystoscopy, physical examination, MRI



Sling infection: bacterial cultures of excised material



Patient-level risk factors: retrospective analysis of medical records

3.Results

| Patient |

Chronic pain characteristics

Onset (years after implantation):

mean = 5.5, range = 2-10

Location: vagina, vulva, groin, upper thigh (with radiation to testis in the male patient)

Patterns: intensification over time; intermittent pain worsened by daily activities (walking, vaginal penetration, etc.)

Underlying pain conditions: fibromyalgia in ¼ patient

	Patient (sex, age)	Right sling end culture	Left sling end culture
	F, 55	Cutibacterium avidum Peptostreptococcus sp. Staphylococcus lugdunensis Streptococcus constellatus	Bacteroides fragilis Gram-negative bacilli
	F, 57	Campylobacter rectus Peptostreptococcus sp. Streptococcus constellatus	Campylobacter rectus Gardnerella vaginalis Prevotella bivia Streptococcus constellatus
	F, 55	Sphingomonas paucimobilis Streptococcus constellatus	N
	M, 79	Peptostreptococcus sp. Staphylococcus epidermidis Staphylococcus haemolyticus	

4. Implications

Mesh contamination: Appears associated with sling-related chronic pain, regardless of the presence of mesh exposure

Proposed mechanism:

- 1. Subclinical infection (biofilm formation)
- 2. Chronic inflammation of surrounding tissues
- 3. Onset and progression of persistent pain

Further research is needed to...

- Confirm the contribution of sling infection
- Assess preventive measures, which should extend beyond standard perioperative antibiotic prophylaxis

Conclusion

Low-grade or subclinical bacterial colonization of sling material may be an underrecognized contributor to chronic pain after surgery for SUI.

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