ABSTRACT WITHDRAWN BY AUTHOR



Figure 1. The mean (95%CI) reductions in the ICIQ-UI SF score according to how often the women leaked at baseline (n=216).

Interpretation of results

A mobile application for treatment of SUI, with proven efficacy in a RCT, was frequently used after it was released for free. The follow-up questionnaire could be answered only by those who opened the app after 3 months. The improvement in symptom severity among women who had leakage more often than once a week at baseline was similar to the improvement seen in the RCT. For women with SUI, app treatment is an easily accessible and effective first-line treatment with clinically relevant improvement regarding symptom severity.

Concluding message

First-line treatment of SUI in women with the help of a mobile application is possible and effective. The improvements in symptom severity are clinically relevant even in an unselected population without strict exclusion and inclusion criteria.

References

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Disclosures

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