

Kateterfakta.nu

A webbased patient information on catheter treatments

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Bladder outlet dysfunction affects a large group of patients. Three types of catheter treatment are commonly used, clean intermittent catheterisation (CIC) or indwelling catheter either through the urethra or as a suprapubic catheter.

Possible consequences with catheter treatment

- Negative effect on personal integrity
- Negative effect on quality of Life
- Risk for urethral trauma
- Increased risk for urinary tract infections
- Increased antibiotic usage, leading to increased risk for antimicrobial resistance


Aim


www.kateterfakta.nu

(Swedish for "catheter facts")

- to create a web based educational platform with relevant information
- for patients but also their relatives and health care providers
- to empower patients to take an active part in their self-care
- to avoid unnecessary complications and increase quality of life

Method

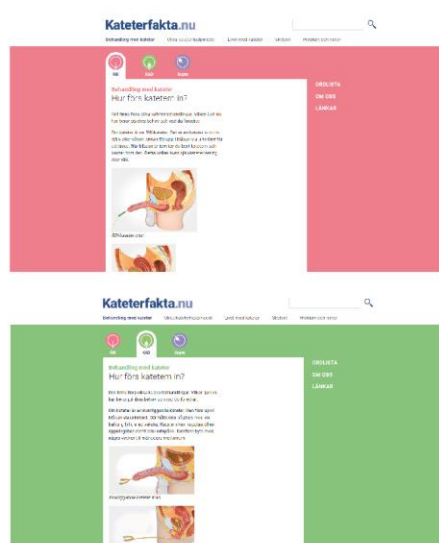
 Expert group of urotherapists and other specialists

 Workshop with patients undergoing different types of catheter treatment.

Result

Easy to click between parallel information for CIC, indwelling urethral and suprapubic catheter for the topics:

- Catheter Treatment
- Devices
- Living with Catheter
- Care
- Problem and Risks



Concluding message

Using www.kateterfakta.nu to get information of your treatment to help handle everyday life, the variety of devices available, advice about risks and problems as well as knowledge of alternative treatment might well have an impact on empowerment and quality of life and decrease the number of complications.

Further studies need to be done to ensure the interpretation and concluding message.

Disclosure statement

No conflict of interest

Glossary

RIK = Clean intermittent catheterisation
KAD = indwelling urethral catheter
Supra = suprapubic catheter

