



Does dyspareunia have an impact on urodynamic parameters?

Patel M¹, Lemmon B¹, Bhide A², Digesu A², Fernando R², Khullar V²

Dyspareunia is defined by genital pain experienced before, during, or after intercourse (1), having a significant effect on physical, mental health, and quality of life. The prevalence of dyspareunia varies from 3 to 18% worldwide (2), affecting 10 to 28% of the population in a lifetime (3). The aetiology of dyspareunia is multi-factorial, with urological contributors like bladder/pelvic floor dysfunction.

This novel study aims to identify differences in objective urodynamic (UDS) parameters in women with dyspareunia as a secondary symptom. The impact of dyspareunia on urinary symptoms and UDS parameters have not been previously studied.

	Dyspareunia % (no. women/1264)	Non-dyspareunia % (no. women/1728)
Low compliance	17 (219)	23 (399)
Provoked detrusor overactivity	10 (131)	13 (220)
systolic detrusor activity	7 (93)	13 (231)
urodynamics stress urinary incontinence	54 (686)	49 (841)
Normal urodynamics	21 (265)	20 (337)
Voiding dysfunction	98 (1238)	10 (172)
Pelvic Organ Prolapse	5 (65)	3 (54)
Overactive Bladder Symptoms	68 (858)	41 (709)
Nocturia	54 (684)	35 (610)
Painful Bladder Syndrome	78 (986)	50 (856)

- Women with dyspareunia were more likely to present with a great number of lower urinary tract symptoms.
- Dyspareunia was associated with reduced maximum MCC.
- USI and DO were more frequently diagnosed for women reporting dyspareunia

REFERENCES

1.Binik, Y., Eschenbach, D., WesselmannBinik, Y.M., 2005. Should dyspareunia be retained as a sexual dysfunction in DSM-V? A painful classification decision. Archives of Sexual Behavior, 34(1), pp.11-21.

2.Schultz, W.W., Basson, R., Binik, Y., Eschenbach, D., Wesselmann, U. and Van Lankveld, J., 2005. Women's sexual pain and its management. The journal of sexual medicine, 2(3), pp.301-316.

3.3. Harlow, B.L., Kunitz, C.G., Nguyen, R.H., Rydell, S.A., Turner, R.M. and MacLehose, R.F., 2014. Prevalence of symptoms consistent with a diagnosis of vulvodynia: population-based estimates from 2 geographic regions. American journal of obstetrics and gynecology, 210(1), pp.40-41.